

MENU - Kilronan School

April- June 2018

Week 1

Beginning: 9th April
7th May
4th June

Week 2

Beginning: 16th April
14th May
11th June

Week 3

Beginning: 23rd April
21st May
18th June

Week 4

Beginning: 30th April
28th May
25th June

Monday	Chicken Pasta Bake or Fish Shapes Mashed Potato, Beans, Carrot, Pasta Cookie or Apple Sponge and Custard	Pizza, Sausages, Garlic Cubes, Mashed Potato, Beans, Carrots Fruit Crumble and Custard Jelly	Salmon Fish Cake or Chicken Pasta Bake, Beans and Carrots, Potato, Oven Wedges Fruit Sponge and Custard, Jelly	Fish Fingers or Sausages, Beans and Carrots, Potato, Oven Wedges Fruit, Cake, Jelly, Custard
Tuesday	Chicken & Broccoli Pasta Bake Or Beef Casserole and Nugget Carrots, Mashed Potato Custard, Pear/ Chocolate Cake Jelly, Fruit	Pasta Bolognese or Fish Fingers, Mashed Potato, Mixed Vegetables Apple Crumble and Custard Jelly	Chicken & Broccoli Pasta Bake or Savoury Mince or Fish Fingers Cabbage, Carrots Apple Cake and Custard Fruit, Jelly	Pasta Bolognese or Pizza, Oven Baked Diced Potatoes, Carrots Angel Delight, Fruit, Custard, Jelly
Wednesday	Roast Chicken, Stuffing, Roast Potato, Mashed Potato, Carrot and Parsnip, Gravy Ice Cream Roll Fresh fruit, Custard	Roast Chicken, Stuffing Roast Potato, Mashed Potato, Carrots and Parsnips, Gravy Jelly, Fruit, Ice Cream, Custard	Roast Chicken, Stuffing, Roast Potato, Mash Potato, Carrot and Parsnip, Gravy Trifle or Apple Cake and Custard, Ice Cream Roll	Roast Chicken, stuffing, Roast Potato, Mash Potato, Carrot and Parsnip, Gravy Ice cream Slider, Fruit and Custard
Thursday	Chicken Curry and Rice or Vegetable Fingers, Mashed Potato, Carrots, Peas Fruit Smoothie, Jelly, Custard	Chicken Curry and Rice or Chicken Burger, Mashed Potato, Mixed Vegetables Pear Cake and Custard, Jelly	Chicken Curry and Rice or Gammon, Mashed potato, Carrots, Peas Coconut Sponge and Custard	Chicken Curry and Rice or Vegetable Burger Mashed Potato, Peas, Carrots Fruit Cookie and Custard
Friday	Fish Fingers or Chicken Burger Pasta, Chips, Salad, Coleslaw, Beans Frozen Mousse, Jelly, Cookie	Breaded Fish Shapes or Chicken Wrap Beans, Coleslaw, Chips, Salad Fruit Cookie, Custard, Jelly, Fruit	Baked Potato, Chicken Chunks, Fish Fingers or Pizza Beans, Chips, Salad Rice pudding or Orange Sponge and Custard, Jelly	Breaded Fish Shapes or Chicken Wrap, Chips, Salad, Beans, Carrots Frozen Mousse, Fruit Cookie, Custard, Jelly

NB: Bread, Milk, Water, Yoghurt, Jelly and Fresh fruit are served alongside every meal.